

**Chair:** Susan S

**Vice-Chair:** Judy

**Treasurer:** Janet

**Corr. Sec:** Bonnie F

**NJIOA Sec:** Paul O

**Rec Sec-**Theresa

**Oasis:** MaryAnn C

**Web:** Barbara

**Public Info/Outreach:** Sam

**Media:** Sam

**Region 7 Delegates:** Ronnie, Bonnie F, Carl F, Susan L, Susan S, Barbara M

**World Service Reps:** Bonnie F, Carl F, Ronnie, Susan S.

### 7:32 PM Opening

- Serenity Prayer- Fran S            12 Steps – Christine            12 Traditions – Fran U  
Concept of the Month – Sonta
- Unity with Diversity Policy – Audrey G

Introductions/Roll Call:            Susan S., Chair;            Janet, Treasurer,            Judy, Vice-Chair;  
Theresa, Secretary;    Mary Ann, Oasis;            Ronnie, Region Rep/World Service Rep;    Bonnie,  
Corr. Secretary/event chair, website co-chair;    Carl, Parliamentarian;            Barbara M,  
website committee and Wed River Edge;    Sonta, lifeline Mon. am;            Fran U, Serenity  
Workshop;    Susan L, Fri. Passaic delegate;            Christine W. past chair;            Toni Ann,  
Bloomfield and electronic work on zoom meeting;    Marcy, Wayne Tues. and Fri.;            Jennifer,  
Fri. Passaic;    Audrey G, Sun Belleville;            Gwen, email communicator;            Vanessa, Mon.  
Livingston, Sat Berkeley Heights, Survey committee;            Carol R, Alternative Belleville  
Sunday;            Roz, Mon. Secaucus;    Fran S, Public Info Committee;            Ilene W., Sat am  
Berkeley Heights;            Tania, Wed. HOW Saddle Brook;            Maria G., Thurs. Montclair;    Terry,  
Mentoring Program;    Susan G., Berkeley Heights;            Visiting – Beni and Estelle

Minutes of Previous Meeting as received –

Motion to Accept – Toni Ann            Second- Maria G.            All in favor

### Committee Reports

- **TREASURY: Janet** – no questions and nothing missing, report was attached to the agenda.
- **OASIS: MaryAnn-** OAsis attached to the agenda. June 21 new OAsis was published on the website. The Fall edition, which is the next one, will be published September 21, 2020. All articles will be due September 1, 2020.
- **INFO LINE: Susan S-** It is a phone number that people can call to get information. Ursula is the person who returns the call and she receives approximately 25-40 calls per month.

- **EVENTS: Bonnie** – when you have an event, call Bonnie. She will guide you through the steps on how to get the event up and running. Sam will make flyers if you need help.
- **WEBSITE: Bonnie** – FAQ's from the website and is adding them to the FAQ pamphlet that she is working on. Send to Bonnie if you would like anything added.
- **PUBLIC INFORMATION: Fran** – Fran is working with Sam, they will have a zoom meeting next week – Sam, Christine, Maria and Marcy. They are trying to come up with ideas to connect with more people.
- **INREACH COMMITTEE:** A committee that is encouraging people to reach out to others who are struggling and in need of help.
- **FUNDRAISING:** Find ways to fundraise more money, please call Susan if you have any ideas.

### **NJIOA Event Reports**

- **World OA Sponsorship Day: Getting Fit through Sponsorship – Zoom Meeting Organized by all New Jersey Intergroups...August 16<sup>th</sup> 2:00 pm – 4:15 pm EST - Toni Ann**, we had one meeting already. Get Fit through Sponsorship. Trying to reflect diversity.
- **OA Kayaking Crusades, Ringwood, NJ...August 30<sup>th</sup> 8:00 am to 11:00 am - Toni Ann.** Flyer on [www.njioa.org](http://www.njioa.org). 12 people signed up and the maximum is 20. Will be having a meeting on the water. There are disclosure forms that need to be filled out prior to going. Toni Ann is trying to get the link from the Kayak place to post. Also, a waiver needs to be filled out.
- **POWER OF SURRENDER Zoom meeting. September 13, 2:00 pm – 4:30 pm EST: Fran U** – Thank you Sam for making the flyer for this event, it is posted on the website. Sonta, Roz and Carol R are all on the committee. There will be speakers who will talk on the topic surrender. There will be an opportunity to write action plan on what you want to surrender. Toni Ann is going to be working the technical support.

### **Old Business**

- **Survey: Vanessa** – Completed the task of the survey. The proposal was submitted to Susan. Susan has already implemented some of the ideas in place during this meeting. Will be some items that will be on future agendas to be voted on.
- **FAQ guide: Bonnie** – Questions such as – How do I run a meeting? How do I run an event? How do I get an insurance waiver? How do I start a meeting? Bonnie will be putting together a guide that will answer these questions and more.

### **New Business:**

- **Newcomer Welcomer for NJIOA: Audrey G** – Audrey will be calling newcomers to say hello and answer any questions.
- **OA Research Committee: Maria G** – Maria will be keeping us posted with what is going on in World Service and Our Region. See gave a lot of updates:

## **OA.ORG UPDATES**

1. Lifeline Sampler (200 Stories from Lifeline Magazine) now available in Print again which you can get at [AMZ.com](https://amzn.to/2NM4vgW) <https://amzn.to/2NM4vgW>

2. New Resource Temporary Sponsors Newcomers First 12 Days <https://oa.org/group-resources-list/temporary-sponsors-newcomers-first-twelve-days/> if you go to [OA.org](https://oa.org) you can download it

3. 12 Step Workshop and study guide 2nd edition and participation guide AVAIL at OA Bookstore

Participants guide is \$7 Study Guide 2nd edition \$12.50

4. Welcome Back Pamphlet suggestions for members in relapse revised and expanded- can purchase both on [oa.org](https://oa.org) \$1.00

5. New OA Abstinence and Recovery Definitions, meeting format updated located on [OA.org](https://oa.org) in document library under meeting formats

6. 7th Tradition of OA pamphlet downloadable and updated with suggested contribution US\$5

7. OA New Newcomer Pamphlet "Where do I Start? (now available for \$1 OA Bookstore)

## **REGION 7**

1. Region 7 2020 Convention November 6-8 2020 Ocean City Maryland

## **2. FUTURE ASSEMBLIES**

- Fall 2020 – TBD
- Spring 2021 – TBD
  
- **Star Lake Retreat: Bonnie** – Bonnie called 25 people and ask how they felt about going to Star Lake in January 2021. Most said they did not feel comfortable going. So, for 2021 it will be zoom, all day on Saturday, January 23, 2021, from 10:00 am until midnight. \$10 to off set cost. She got some great ideas on how to make it happen. There will be a talent show. She is getting people from outside the area to speak/workshops. She has about 20 people to call and set up.
- **Bonnie** – Motion to have a njioa.org own zoom account for intergroup meetings and events. The cost would be \$14 a month and if we go above 100 people (Star Lake) then can increase it for that month only. Create zoom account for njioa.org for specific events/intergroup. Toni Ann second the motion. We had 2 pros and no cons. Unanimously passed.

**Serenity prayer – Tania**

**Closing** 8:34 pm

**Motion to close:** Theresa

**Second:** Fran S

Newcomers joined in the Newcomer's Chat after the meeting.

**Next Meeting: August 13, 2020 7:30 p.m.**

**IMPORTANT REMINDERS FOR YOU...**

- Insurance Waiver call Susan 201-960-1995
- Nov. 6-8 Region 7 Convention, Ocean City, MD
- For sales tax exemption number, for Office Depot, contact Mary Ann 973-568-2761
- Go to **NJIOA.org** for bylaws, calendar, minutes, treasurer's report etc., Region 7.org and OA.org for additional info
- Call 5-Keep Them Alive (every 12<sup>th</sup> of the month)
- Remember Zelle ([njioapay@gmail.com](mailto:njioapay@gmail.com)) and VenMo ([njioapay@gmail.com](mailto:njioapay@gmail.com)) or mail a check to NJIOA, P.O. Box 827, Fair Lawn, NJ 07410-0827

If you want an item brought up at the Intergroup meeting, please email Susan ([papersusan@aol.com](mailto:papersusan@aol.com)) 2 weeks ahead of the meeting.