

**NJIOA
PRESENTS**

Relapse Prevention

**Keeping Your
Recovery in
Tip-Top Shape**
Sunday June 23
2:00-4:00 pm ET

Two recovered OA speakers bring this popular workshop to NJIOA for the very first time! Together, we'll discover the pitfalls, red flags, and potential triggers to watch out for. Informative slide presentation, interactive writing activities, Q&A, open sharing. Get ready for an engaging and inspiring afternoon.

ZOOM Meeting ID 881 6296 5898

Password 062024

Dial in (929) 205 6099

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