

NJIOA Minutes

July 10, 2025

Chair: Jeff A

Vice-Chair: Susan S

Treasurer: Ilene W

The Serenity Prayer, 12 Steps and 12 Traditions of Overeaters Anonymous were read as well as:
OA Responsibility Pledge: Jeff Concept of the Month: Mary Ann Unity with Diversity Policy: Judy

Introduction/Roll Call:

Barbara R, Mon Lifeline meeting
Gail, Corresponding Secretary, Thurs Relapse meeting
Ilene W, Treasurer
Jeff A, Chair, Sun am, West Orange meeting
Jennie, Zoom Chair
Judy L, Events Chair, Zoom committee
June, Sunday, Sun am, There's a Solution meeting
Loraine, Recording Secretary, Region 7 rep
Marcy, Tues am Wayne meeting, World Service report
Maryjean, 7 pm Fri, 8:30 am Sat meetings
Mark H, Saturday newcomers, Cedar Knolls meeting
Mary Ann, Oasis co-editor, Wed pm virtual meeting
Pinny, Tues, 7pm Montclair meeting
Polly, Sponsorship Coordinator
Roz, Wed am HOW meeting
Steven S, Website Chair, Wed 8pm Men's meeting, Zoom committee
Susan S, Vice-Chair, Scholarship/Literature Coordinator
ToniAnn, Parliamentarian

Minutes of June 12, 2025

Motion to approve: Roz Seconded: Maryjean

The minutes were approved with 1 abstention.

Standing Committee Reports:

Treasurer: Ilene reported on the June 2025 statement. The balances stayed the same; expenses were: work on the website, the NJ annual report filing fee, and books purchased from the scholarship fund.

Proposed 2026 Budget: Ilene reported fiscal year 2026 began July 1. There is a new line item under Income, Excess funds above prudent reserve, which was suggested by the chair in association with the bylaws regarding prudent reserve.

Jeff explained the new line item as a way to have cash on hand be 100% of the operating budget. The cash on hand at the end of fiscal year 2025 was \$31,652. The proposed operating budget for 2026 is \$26,679. The difference between them is \$4,979, which is shown as the new line item Income: Excess funds above prudent reserve. This is a response to members concerns about the amount of the intergroup funds, it now matches the operating budget with the prudent reserve.

Ilene noted other details re the proposed budget. There is a new Expense line item: Website – Improvements, \$1,200; increased budgets for Public Information and Oasis; special assessments and requests to be addressed as presented. Also, increases for Region 7 and World Service assemblies, the Events and Public Information programs, a s Retreat, and the cost for mailing the Oasis.

Oasis: Mary Ann stated the Oasis will be issued three times a year. The Winter issue is in January, Spring/Summer in May and Fall in September. Submittals to the Oasis should be within 200-300 words. The theme for the Fall issue is: There Is A Solution. The deadline for articles is September 1.

Sponsor: Polly reported there have been no requests from sponsees; currently 3 sponsors are available. She asked if other sources for sponsors and sponsees could be on our website, What'sApp Big Book group and the GroupMe app. She will email that information to Susan.

Scholarship: Susan reported there were not any requests for copies of the Big Book or the 12&12. To educate members on what the intergroup offers, a flyer of a tree with intergroup services written on the flowers. It will be emailed to members to bring to and discuss at meetings.

Suggestions: The information about free OA literature should be included somewhere on our website. Also, it would be helpful to include the new Intergroup flyer with the Oasis mailings.

Responses: The scholarship was not offered on the website since it was not known if it would end when the money was gone or whether the intergroup would continue it. The Oasis mailings proposal is under review and decisions will be made as to what to mail and the costs.

Website: Susan reported there have been fewer hits during the spring/summer months. She reminded members to check in three places on the website to be sure meeting information is correct: full meeting list, weekday meetings and on the meeting calendar. Also, make the changes on the oa.org website.

Zoom: Jennie reported that many audios from old events have been uploaded to the website.

World Service: Maryjean reported some decisions made at the World Service Business Conference. The proposal to change He/Him to God in the Steps was defeated; the motion to have no opinion on surgical or other medically recommended methods of weight management was adopted; an addition to the Unity with Diversity Policy stating we do not try to convince any member or visitor to adopt a belief in God was adopted.

Region 7: Loraine reported a virtual meeting was held and committees are being formed to handle the technical aspects, the keynote speakers and workshop themes and volunteers for the Region 7 convention.

Events: Judy reported on the success of the Male Perspectives in Recovery held in June. There were 35 people in attendance and 3 keynote speakers each presenting different perspectives. The recordings should be up on the website by next week. Upcoming events are:

Sunday, 7/20: Program is Portable, We can Travel Abstinently, 7:00 – 8:45 pm.

Saturday, 8/16: Sponsorship Day, TBA.

From the Chair:

Meeting Link Issue: An issue took place this past week. The same meeting ID was used for an extra meeting and it prevented the regularly scheduled meeting from taking place. To avoid this problem, meeting IDs should not be used for an extra meeting.

Committee responsibilities: In response to a question, committee chairs who need additional people should communicate what would be involved, the anticipated time commitment and the responsibilities.

Absent?: If unable to attend the next intergroup meeting, please contact the Chair to give an update on your committee's activities. Also for any member who has a question or concern, please contact Gall, Corresponding Secretary, at secretary@njioa.org.

Meeting closed at 8:31 pm with the Serenity Prayer.

Motion to close: Toni Ann Seconded: Roz

Respectfully submitted,
Loraine B, Recording Secretary.