

NJIOA presents a Zoom Workshop

Top Tips for Newcomers and New Sponsors

**Sunday October 4, 2026
1:00-3:00 PM ET**



**Need help getting started?
Unsure of how to sustain your momentum?
Or looking for the best way to help other
fellows?**

**Join us as two longtime members with years of
abstinence share their experience of what has
worked for them and their sponsees.**

Join Zoom Meeting:

<https://us02web.zoom.us/j/8937142644?pwd=4HFx4q5gJhbh3J2FQ7Ymagv4aYnFKL1&omn=84031074815>

Meeting ID: 893 714 2644

Passcode: 912866

**Dial in: +13017158592,,8937142644# US
(Washington DC)**

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